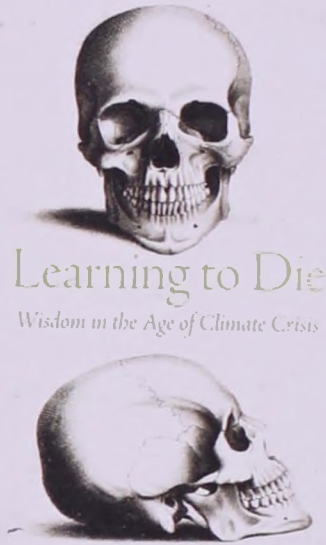


Prose Non-Fiction

"Truth-filled meditations about grace in the face of mortality."

@MARGARETATWOOD



Learning to Die Wisdom in the Age of Climate Crisis

ROBERT BRINGHURST & JAN ZWICKY

other virtues is crucial if something positive is to come out of such grief. But awareness itself also prevents paralysis. What use, to anyone, is it to lie down, immobilized by pain? Pain must be used to turn the soul toward the real, to reform both action and attention, to love what, in this case, remains.

Courage

The role of courage in the face of cataclysmic environmental change is obvious. It will take physical courage to stand up to the inevitable physical pain and distress. It will take civic courage to live with the wars and civil wars, the death tolls and disease, the mob violence that are likely to become common. But above all, it will require moral courage to continue to exercise the virtues of awareness: to see things for what they are, and to know when one does not know, that one does not know, to refuse to conflate opinion and ideology with understanding.

Humility — a deep unconcern with the social face of the self — is the foundation of courage as well as wisdom. It frees one to see the truth. Humility and courage empty the mind of irrelevant preoccupations and clear a space for insight.

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ly on Fridays, depressed with nights, stressful weekdays ahead, marriage. I loved to give about rich lessons on my phone and reading up words I thought looked

chewed to avoid fighting with the u, hoping to bypass the awkward ed frequently. The school always applied French cologne and pushing in the morning. Every day to taste, left over from classes the it would be *pain au chocolat* or still partial to them. new students, chefs from around lesson who came to our school to had attained the sacred titles of *Chef de France* or MOF's as one of the highest designations for in the *longue durée* or extended ling chefs came and go, clowning lamb with the small group of se of pride that I imagined secret

rest and the only native English ming beside me were five other or early twenties: two Parisians a petite Vietnamese woman. H, hat it was hard to know how her m her tiny frame.

Les Parisiens 101

it was all your baking. nce with men in the ed in the dismissal of my tly made me fortify them spect for my boundaries ard down. This becomes ur relationship.

your passion for books. I'm a budding writer, e quick to point out edito- rst book. I am soothed by r, the absence of the mas- ll space, and the ocean of . Even your most showy with a pompom and the our walnut leather boots. i boastful. Whereas I am ed, you easily find plea- d and understated— re-cold chocolate bar, a

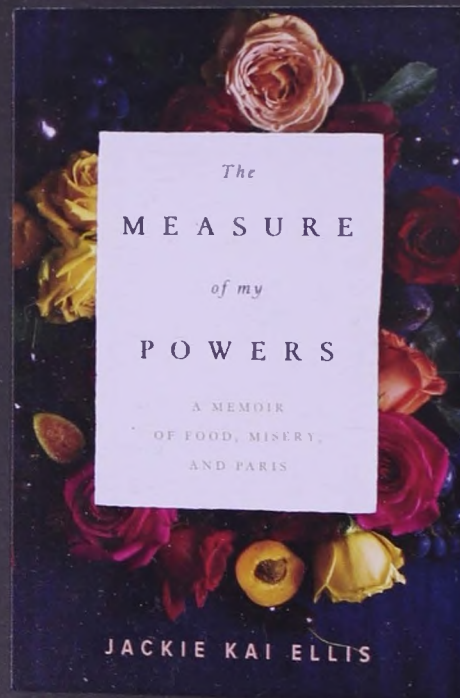
Two months into our friendship, I nervously reveal that I've started to have more-than-friendly feelings for you. I had deliberated during the week whether to say anything, because I knew that once more-than-friendly feelings were on the table, our relationship would be altered. It could even end.

I don't want to ruin what we have, I text you from a movie theatre washroom stall, in between our double bill. Going to see two movies back to back had become another tradition for us.

Me neither, you text back from another washroom.

I'm still mourning my last relationship. I don't know if I'm ready. You already know about my ten-year relationship with Shemeena and our breakup the year before. Unlike most gay men, you never question the validity of my relationship

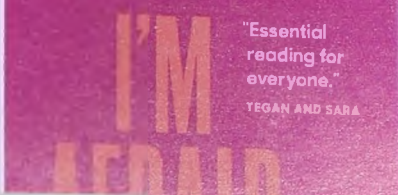
49



The MEASURE of my POWERS

A MEMOIR
OF FOOD, MISERY,
AND PARIS

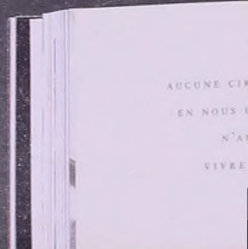
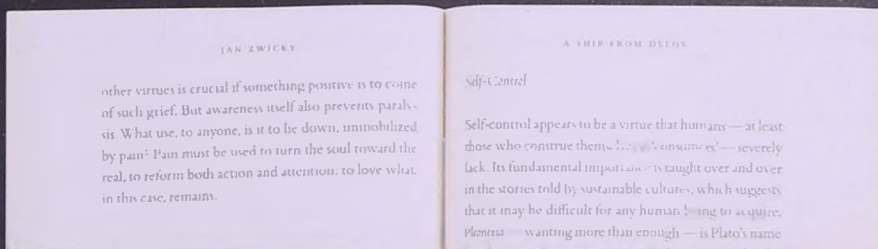
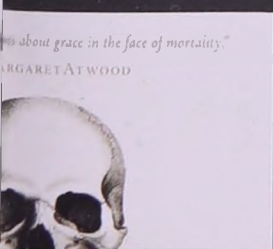
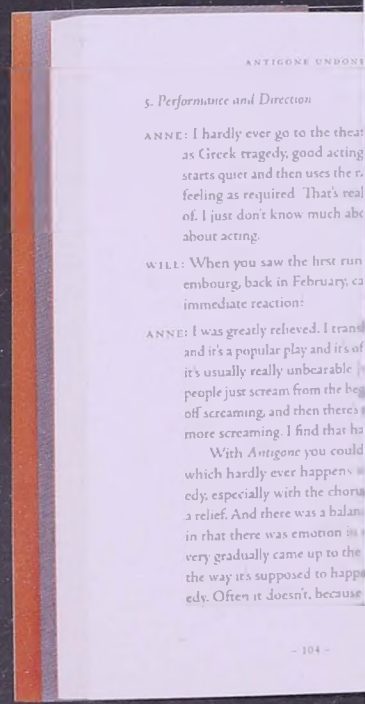
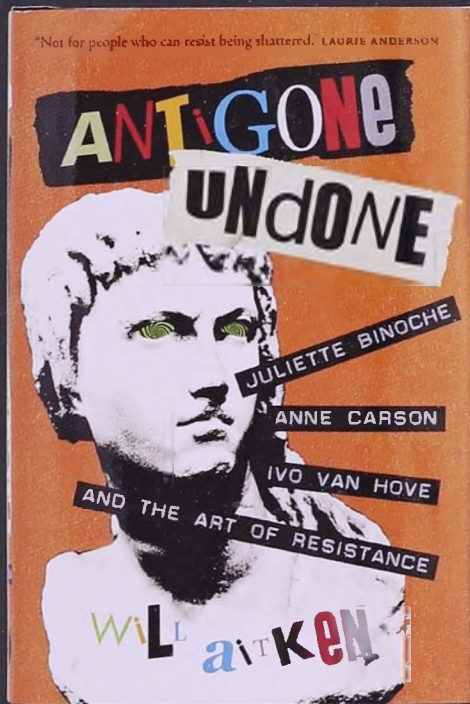
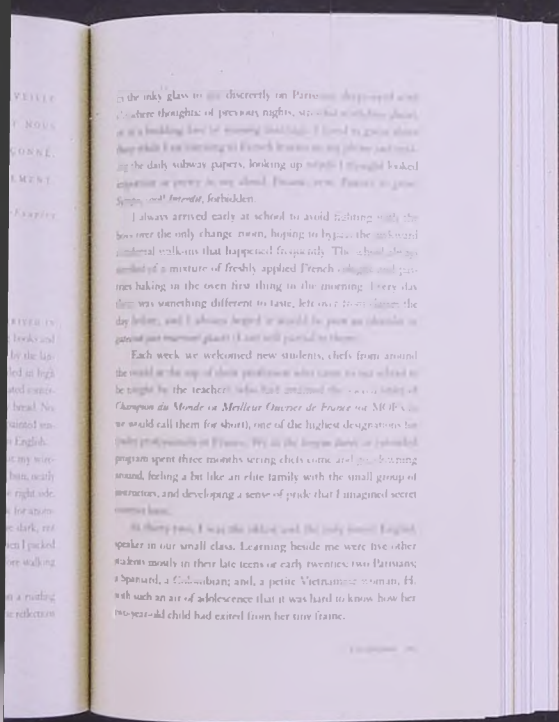
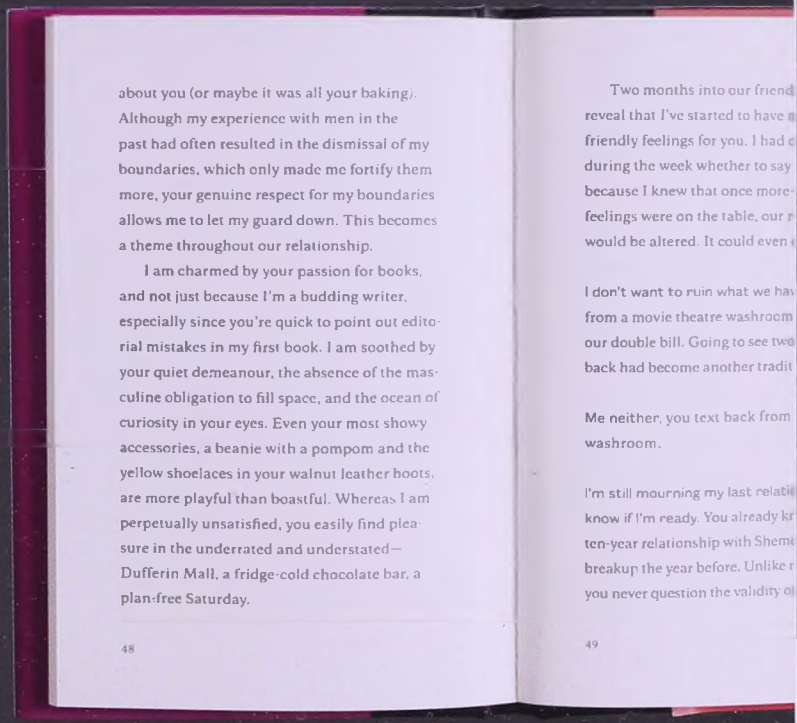
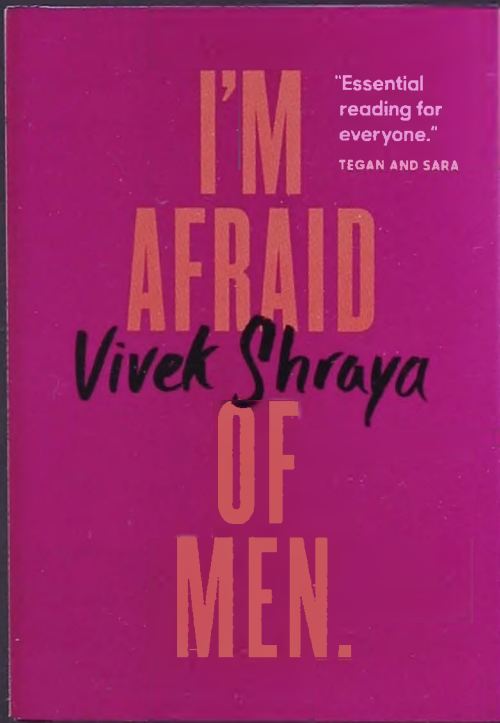
JACKIE KAI ELLIS



about you (or maybe it was all your baking). Although my experience with men in the past had often resulted in the dismissal of my boundaries, which only made me fortify them more, your genuine respect for my boundaries allows me to let my guard down. This becomes a theme throughout our relationship.

Two months into our friendship, I nervously reveal that I've started to have more-than-friendly feelings for you. I had deliberated during the week whether to say anything, because I knew that once more-than-friendly feelings were on the table, our relationship would be altered. It could even end.

Études et essais

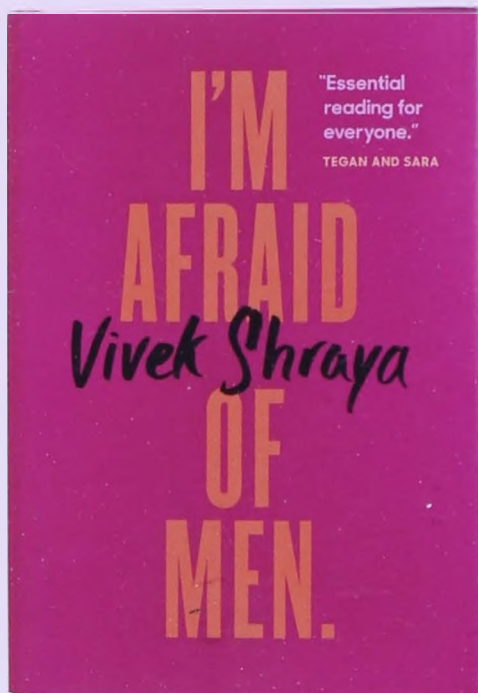


Prose Non-Fiction
First Prize (tie)

Études et essais
Premier prix (ex aequo)

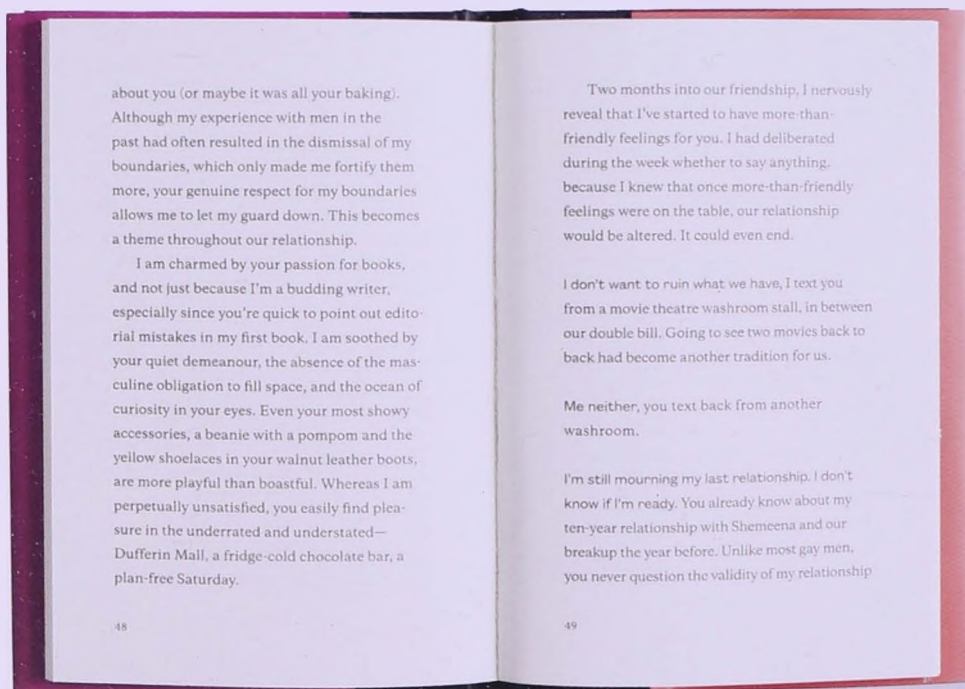
Title | Titre
I'm Afraid of Men

Designers | Conception graphique
CS Richardson & Jennifer Griffiths



The clashing colours on the cover make it unforgettable. Inside, the text has an accessible, friendly feel with large type and spacious leading. One detail especially impressed the judges: the sans serif typeface representing digital messages within the serif body type is so perfectly balanced that it nearly escaped their notice.

L'affrontement de couleurs en page couverture est inoubliable. À l'intérieur, les gros caractères et titres rendent le texte accessible et convivial. Un détail a particulièrement impressionné les juges : les caractères sans serif utilisés pour représenter les messages numériques à l'intérieur même du caractère serif body sont si parfaitement équilibrés qu'ils ont failli leur échapper.



Author | Auteure Vivek Shraya **Publisher | Maison d'édition** Penguin Canada **Printers | Imprimerie** Coral Graphic Services (USA) & LSC Communications (USA) **Typefaces | Polices de caractères** Champion, Copernicus, Founders Grotesk & Helvetica **Trim Size | Format massicoté** 118 x 175 mm **ISBN 9780735235939**

Prose Non-Fiction

First Prize (tie)

Études et essais

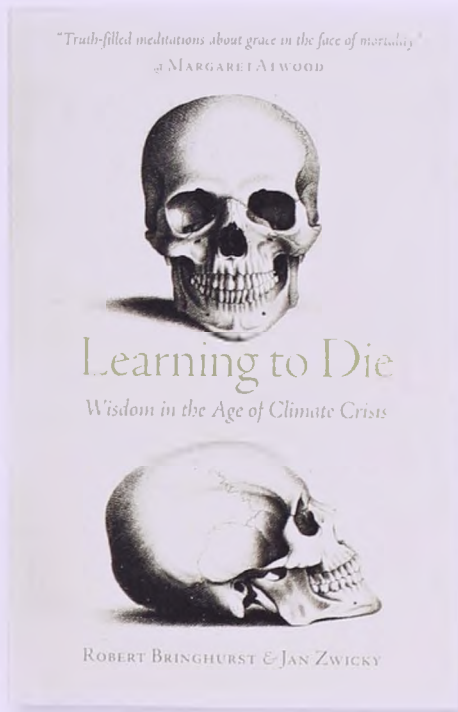
Premier prix (ex aequo)

Title | Titre

Learning to Die: Wisdom in the Age of Climate Crisis

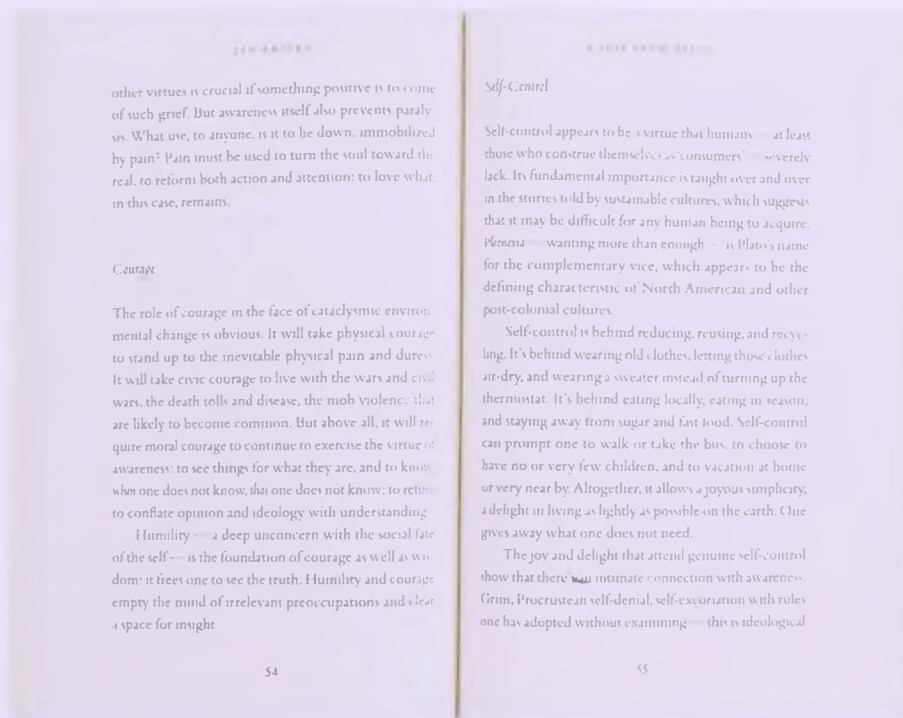
Designers | Conception graphique

Duncan Noel Campbell
& Robert Bringhurst



From the excellent front cover to the lovely rhythm of the back cover text, this is an elegant and typographically exquisite book. The trim size feels right, the proportions on the page are perfectly scaled, and every detail of the type is handled with care.

De son excellente page couverture jusqu'au rythme agréable du texte de la couverture arrière, ce livre à la typographie exquise est d'une grande élégance. La taille de la bordure est la bonne, les proportions de pages sont parfaitement mises à l'échelle et chaque détail dans les caractères est soigneusement choisi.



Authors | Auteurs Robert Bringhurst & Jan Zwicky **Publisher | Maison d'édition** University of Regina Press

Printer | Imprimerie Marquis **Typefaces | Polices de caractères** Adobe Jenson Pro, Monotype Poliphilus & Blado (recut) & Monotype Centaur **Trim Size | Format massicoté** 105 x 165 mm **ISBN** 9780889775633

Prose Non-Fiction
Second Prize

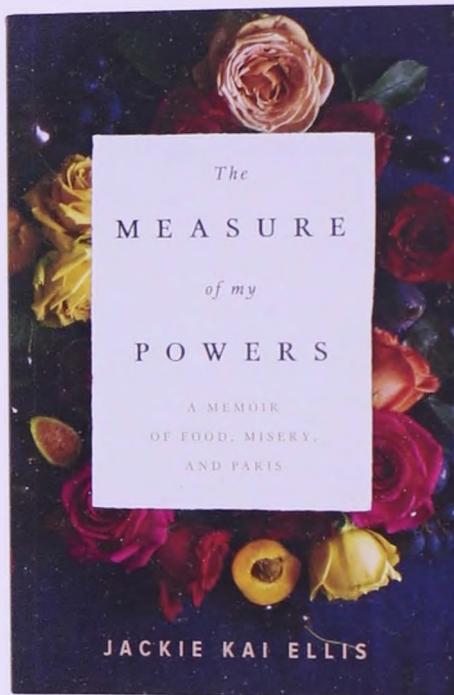
Études et essais
Deuxième prix

Title | Titre

The Measure of My Powers:
A Memoir of Food, Misery, and Paris

Designer | Conception graphique

Lisa Jager



This is a complex assembly of content, made coherent and approachable by robust hierarchies and deft management of the various elements. The pink that continues from the cover to the endpapers is a nice touch, and sans and serif typefaces are combined to good effect throughout the book.

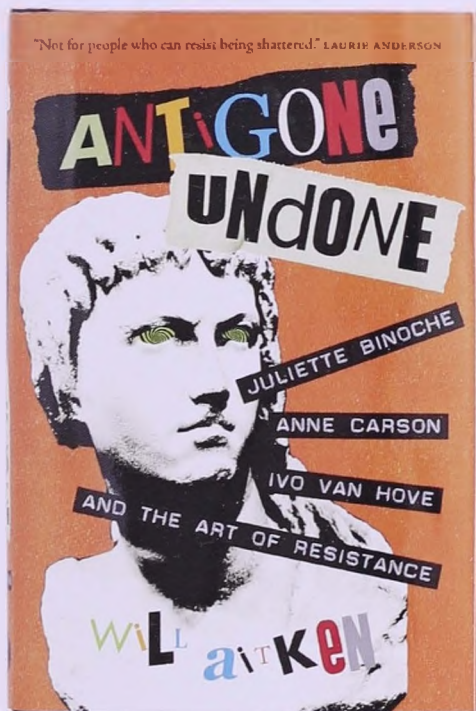
Il s'agit d'un assemblage complexe de contenu, rendu cohérent et accessible par une vigoureuse hiérarchie et une habile gestion des différents éléments. Le rose qui s'étend de la couverture aux pages de garde est bien pensé et les caractères sans et serif sont combinés à bon escient, tout au long du livre.



Author | Auteure Jackie Kai Ellis Publisher | Maison d'édition Appetite by Random House Photographer |
Photographie Jackie Kai Ellis Printer | Imprimerie Friesens Typefaces | Polices de caractères Granjon, Helvetica,
Miramar & Proxima Nova Trim Size | Format massicoté 140 x 216 mm ISBN 9780147530394

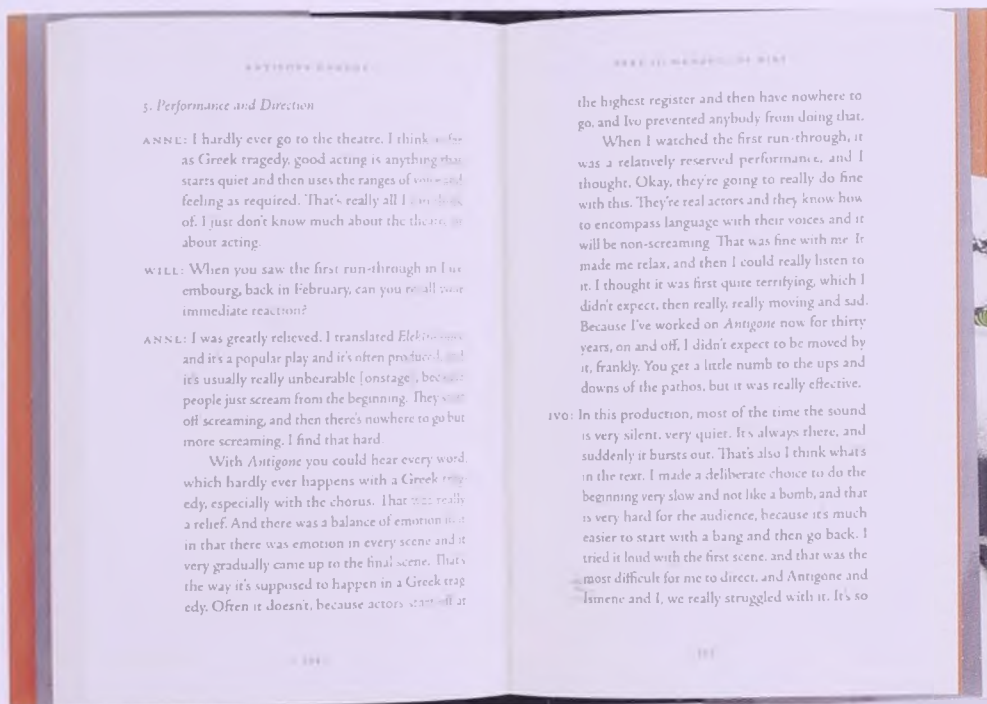
Antigone Undone: Juliette Binoche, Anne Carson, Ivo Van Hove, and the Art of Resistance

Designer | Conception graphique
Duncan Noel Campbell



The dust jacket design is unexpected and smart, though it covers a simple and perhaps more effective cover of foil type on black cloth. The type-setting is done well, with distinguishing touches like the hanging indents used for conveying dialogue.

La conception de la jaquette est inattendue et intelligente, bien que celle qui se trouve en-dessous est peut-être plus efficace, vu sa simplicité avec un tissu noir et un lettrage métallique. La composition est bien faite, avec des touches distinctives comme les tirets suspendus utilisés pour les dialogues.



Author | Auteur Will Aitken Publisher | Maison d'édition University of Regina Press Printer | Imprimerie Marquis
Typefaces | Polices de caractères Adobe Jenson Pro, Dymo & Sex Pistols Trim Size | Format massicoté
108 x 165 mm ISBN 9780889775213