

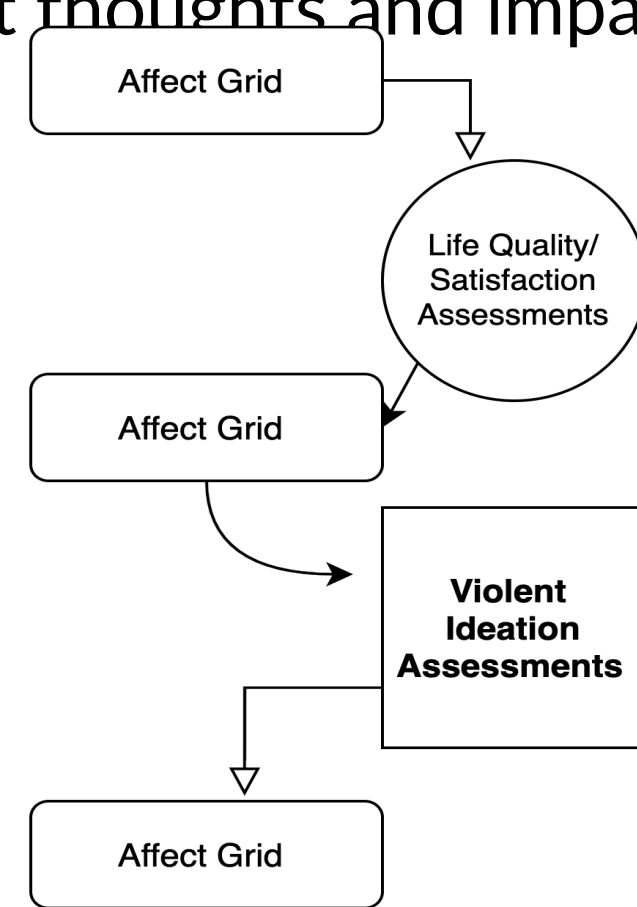
Exploring the prevalence of interpersonal violent ideation and associated psychological distress

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BACKGROUND: Violence is common in the world around us and two key factors in preventing it are assessment and management (Dahlberg & Mercy, 2002). However, we do not know if these assessments impact psychological well-being or what the general prevalence of violent thoughts are.

METHODS

1. Collected survey data from undergraduate students at Simon Fraser University
2. Tested using a pretest/post test design to analyze prevalence of violent thoughts and impact on affect



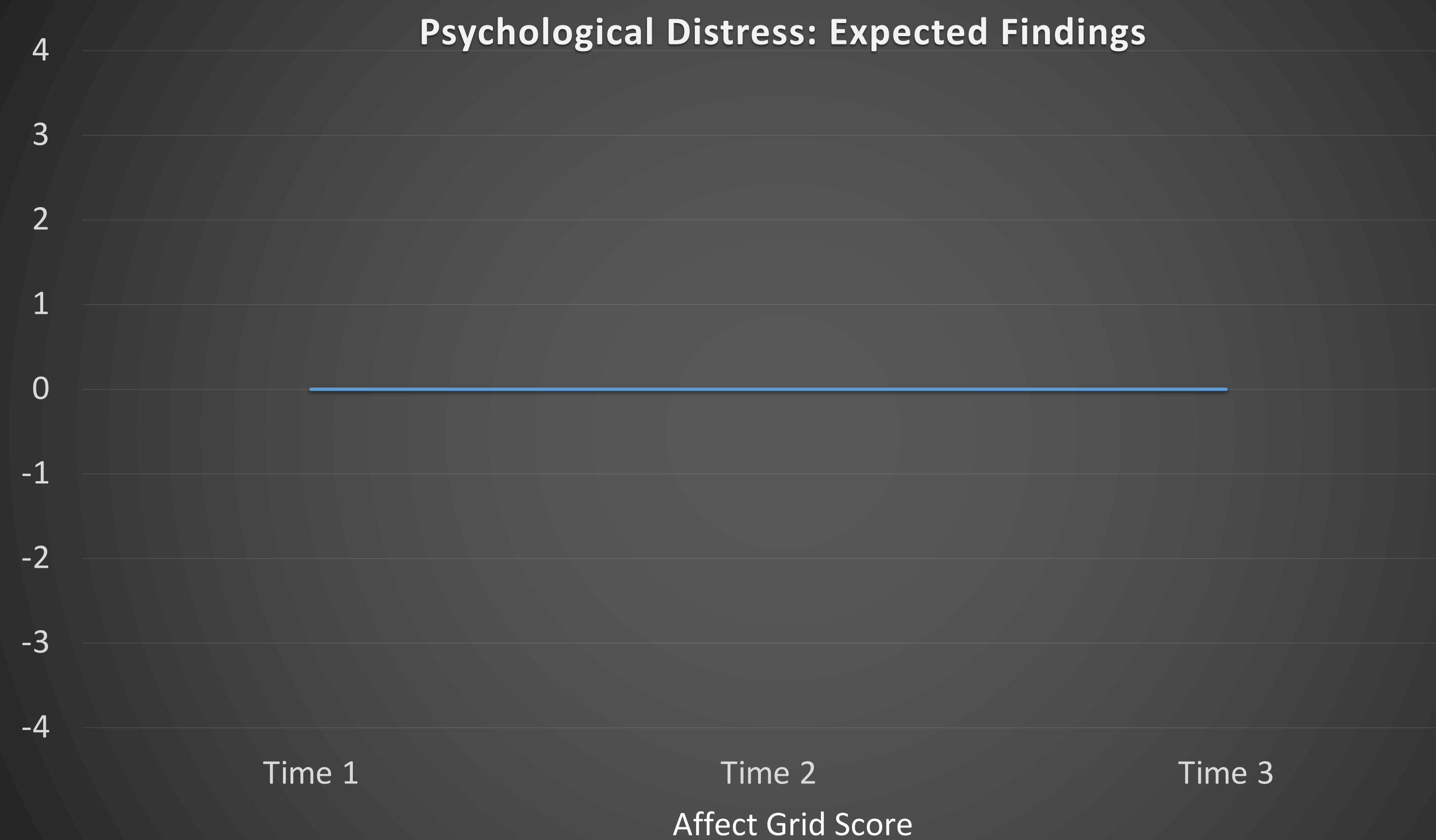
EXPECTED RESULTS

- Prevalence: low
- Psychological Distress: unaffected

DISCUSSION

- Provide preliminary findings to inform future research
- Inform changes to assessment protocols if necessary
- Add to limited data on prevalence of violent thoughts

The prevalence of violent thoughts is expected to be low in university students, with mental distress being unaffected by assessment.



Violent Ideation

Assessments:

- Violent Ideation Scale
- Cumulative Lifetime Violence Severity Scale (revised by investigators)
- Interpersonal Violence Thoughts and Behaviours Questionnaire (revised by investigators)

Affect Grid:

- Composed of two scores ranging from -4 to +4
 - Pleasantness
 - Arousal

Future Research

- This initial investigation provides a foundation for future research to examine other possible effects of interpersonal violence assessments
 - Increase in violent thoughts following assessment
 - Impacts of previous violence on mental distress and violent thoughts associated with assessment

REFERENCES

Dahlberg, L. L., & Mercy, J. A. (2002). *World Report on Violence and Health*. World Health Organization.

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Acknowledgements:

Dr. Stephen Hart, Supervisor