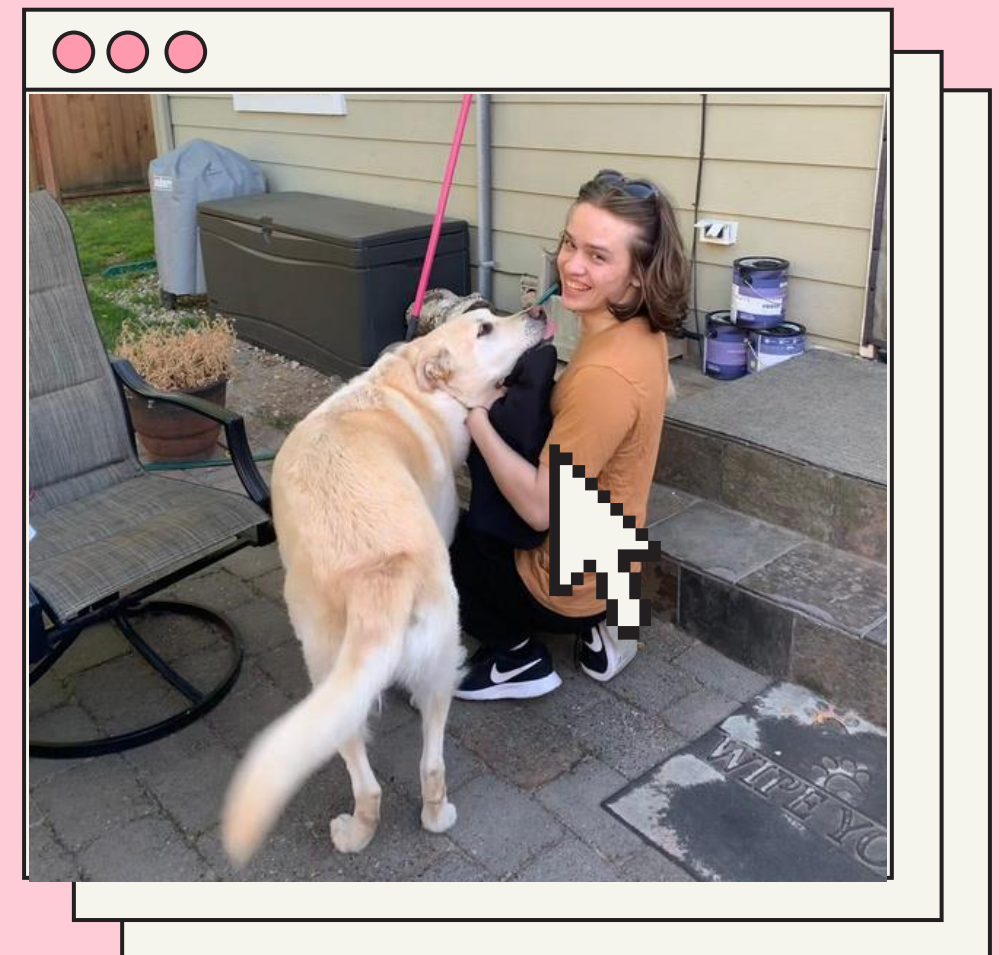




# Swiping Right for “The One”: Exploring single people’s implicit relationship beliefs and dating app behaviour

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# Background

- Two perspectives of relationships
  - Growth
    - Learning, active involvement, less reliant on assumptions
    - Does not believe in soulmates
  - Destiny
    - Less communication, passive involvement, instant compatibility
    - Pre-determination
    - Fewer maintenance behaviours

# Methods

- 278 single undergraduate participants
- Measures:
  - IV: Implicit Theories of Relationship
  - DVs:
    - Dating Effort
    - Online Dating History
    - Online Dating Frequency
    - Platform Variety
    - Dating App Satisfaction

# Results

- Higher growth mindsets were likely to:
  - **access dating apps** more frequently
  - have increased **dating effort**
- Higher **destiny** mindsets were likely to:
  - have experience **using dating apps**
  - increased dating effort
  - ... but **fell to non-significance** after controlling for growth mindsets
- **Neither** higher growth nor destiny mindsets influenced **dating app satisfaction**

# Discussion & Future Research

- The existing literature about implicit relationship beliefs do not directly translate to modern dating practices
- Future research should consider:
  - using **modern communication methods** to better measure dating app behaviour
  - having a **more holistic lens** and analyse how **external circumstances** affect implicit relationship beliefs (and subsequently online dating behaviour)