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# Navigating Gender Identity Disclosure (coming out): Psychosocial Profiles and Characteristics Among Canadian Teens- A Response to Saskatchewan's Bill 137



Rahmani, E. (n.d.). Two Young People Holding Transgender and Intersex Flags . Canva- baseimage.



Villanueva, P. (n.d.). Portrait of a Queer Person Looking on the Mirror.



Media, K. (n.d.). Woman in Blue Shirt Talking to a Young Man in White Shirt. Pexels.

- SGM communities face cumulative minority stressors subjectively and objectively
- Sexual orientation and gender identity and expression change efforts (**SOGIECE**) are correlated with mental health risks.

Bill 137 (amended in August 2023 ) :

- **Parental consent for students under 16 to change their names or pronouns related to gender expression at school**
- It also restricts sexual health education and prohibits third-party involvement.

- Stigma, unawareness and self-blame **delay and reduce parents' willingness** to seek help for their children
- Teachers (formal) and other support (formal + informal) become important

# The UnACoRN Study

opened in 2022 | 

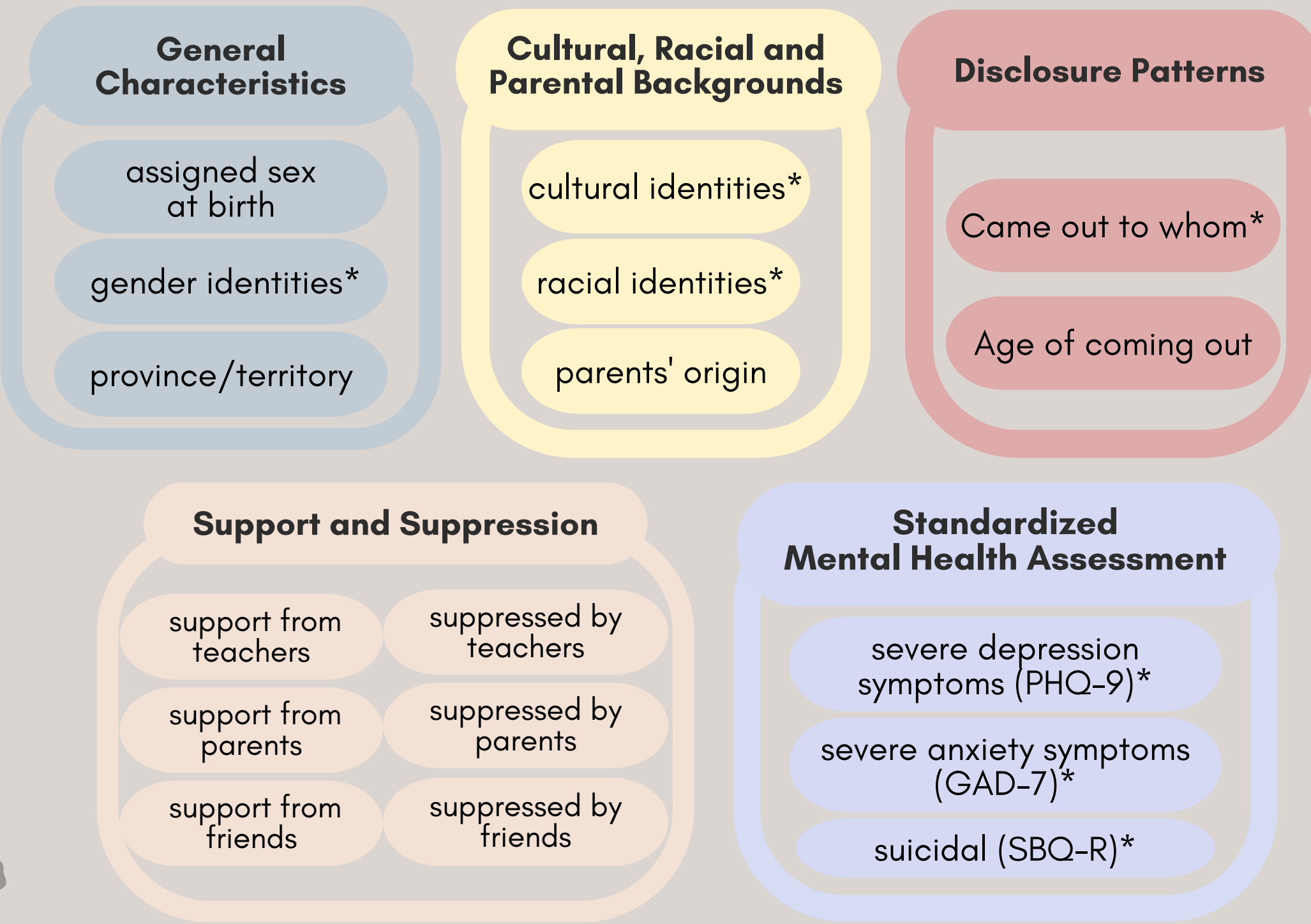


### Descriptive Analysis

1. Pearson's chi-squared test (Pearson, 1900)
  2. Fisher's exact test (Connelly, 2016)
  3. Wilcoxon rank sum test (Wilcoxon, 1946)
- Sensitivity analysis for age 15 (n= 351)



# Variables of Interests



Significant difference was observed!



## THE PROFILE OF Teens Coming Out to teachers exclusively but not their parents

### ✓ General Characteristics

assigned sex at birth: More **females**

gender identities\*:  
More **non-binary, genderfluid & uncertain**

### ✓ Support and Suppression

**Less support from parents**

### ✓ Cultural, Racial and Parental Backgrounds

cultural identities\*: More **African, SE Asian, Middle Eastern**

racial identities\*: More **Black, Asian & others**

parents' origin: More born **outside Canada**

### ✓ Disclosure Patterns

came out to whom\*:  
**Less** to Teamates and healthcare provider

**Later** age of coming out

# Responding to Bill 137 --- with evidence

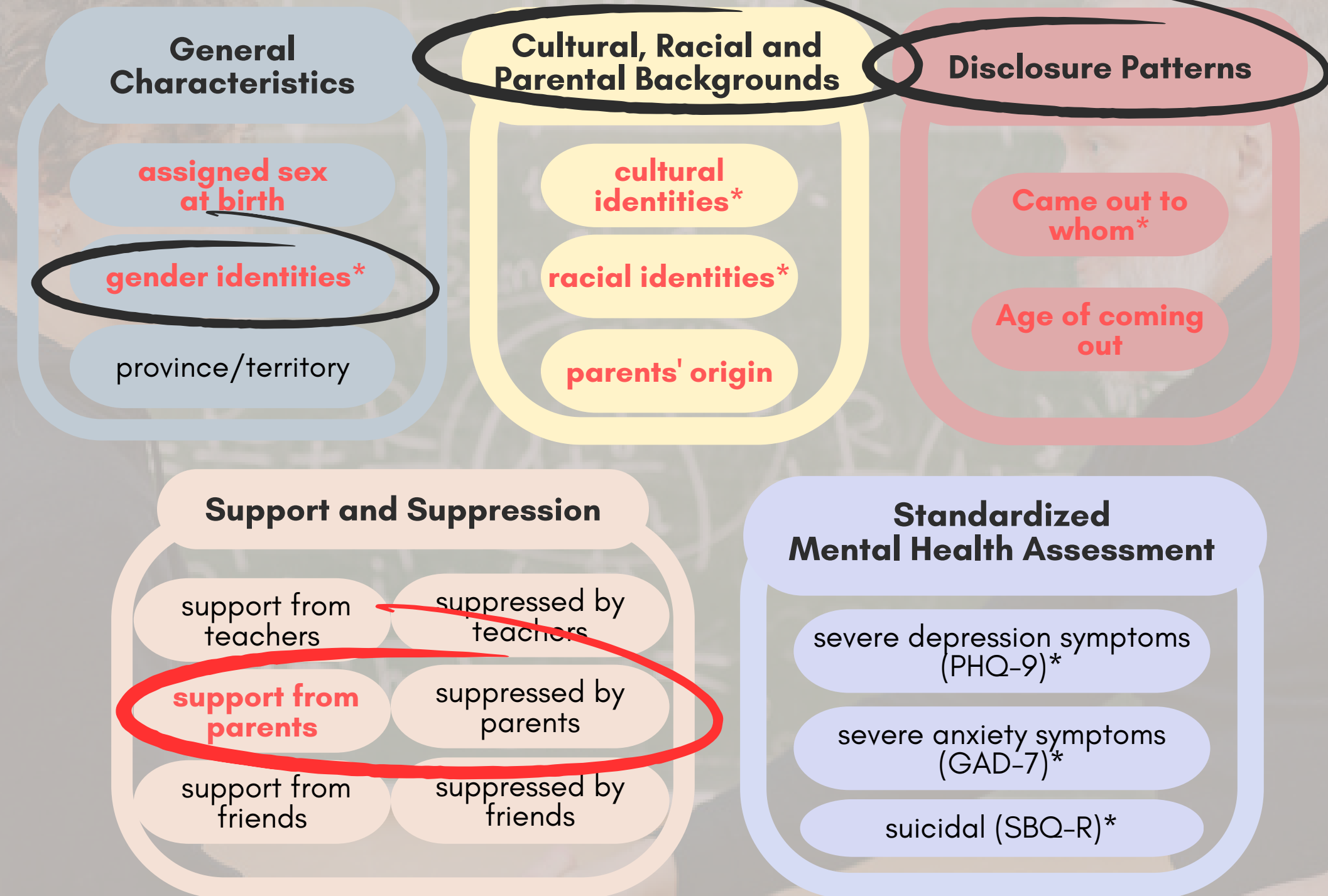


## Sask. government passes Parents' Bill of Rights | CBC News

The Saskatchewan government passed Bill 137 Friday, which requires parental consent before a child under 16 can use a different gender-related name or pronoun at school.



Hunter, A. (2023, October 20). Sask. government passes parents' bill of rights CBCnews. <https://www.cbc.ca/news/canada/saskatchewan/sask-parental-rights-law-1.7002088>



Queer Teens need **independent support systems**, especially when one fails!

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