

(Re)framing Roots Beyond Binaries:

A photovoice exploration of self-discovery and wellness
among Asian, gender-diverse youth

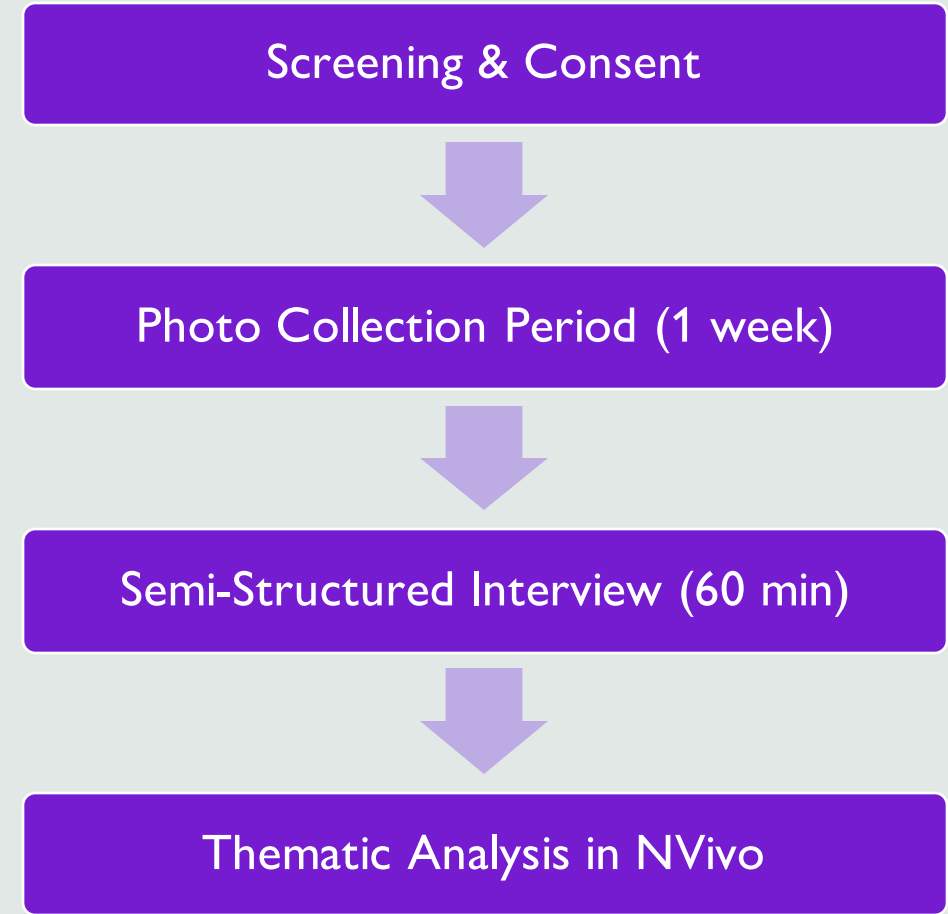
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- How do **Asian, gender-diverse** youth support **self-discovery and wellness** in their lives?

Methods

Participants (n=6) Asian East, South, West, Central, Southeast Asian

Gender-diverse Any non-binary identities

Youth 16-25 years old



Preliminary Themes



Expressing

“it was the beginning of me becoming who I wanted to be for such a long time.”




Connecting

“seeing [...] other diasporic non-white people expressing their gender in ways that were specific to their culture made me realize that I didn't have to try to fit this narrow idea of what I thought I did.”



Reclaiming

“the way that the language talks about different people's social roles, because it doesn't have gendered pronouns, [...] gives me insight into different cultural ways of being that are somehow connected to me.”

A pair of hands is shown holding a small globe of the Earth. The globe is centered on the Americas, with North and South America visible in green and brown. The background is dark, and there are several colorful circles of various sizes scattered around the globe. The text is overlaid on the globe.

Inspire/inform research, policy, and real-world applications that support the wellness of Asian, gender-diverse youth through **expression, connection, and reclamation** of their identities

Thank You!

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