

Accessibility of mental health treatments following mild traumatic brain injury: An exploratory analysis

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mTBI basics

- Mild traumatic brain injury (mTBI), or concussion, affects 300,000 Canadians each year
- A sizable minority experience post concussion symptoms



Treatment seeking? Barriers? Patient perspectives?

The current study

Explore the impact of mTBI on mental health.



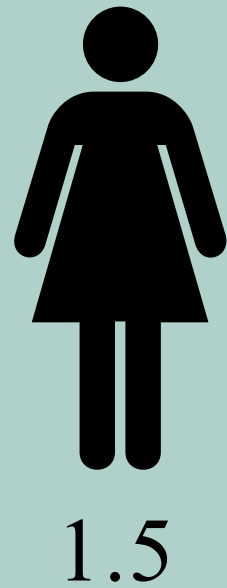
Determine the factors that influence and inhibit help seeking behaviour after mTBI.

Results

Barriers



Declines in mental health

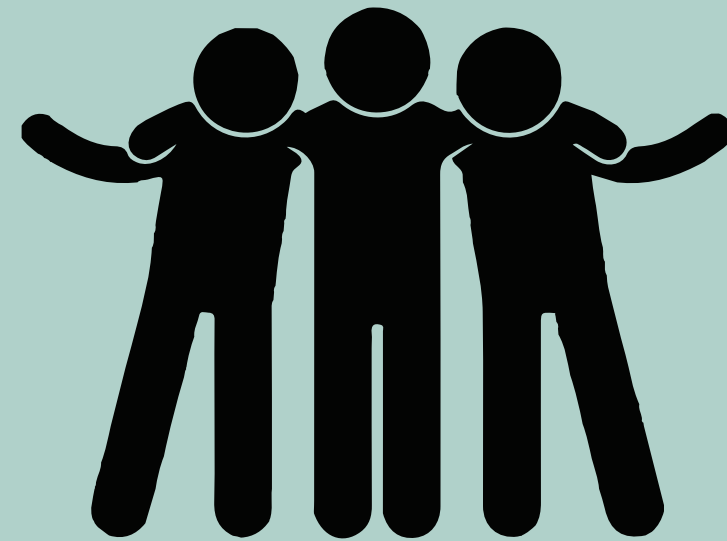


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Implications and limitations

Interpersonal realm and its impact



Time since injury

