

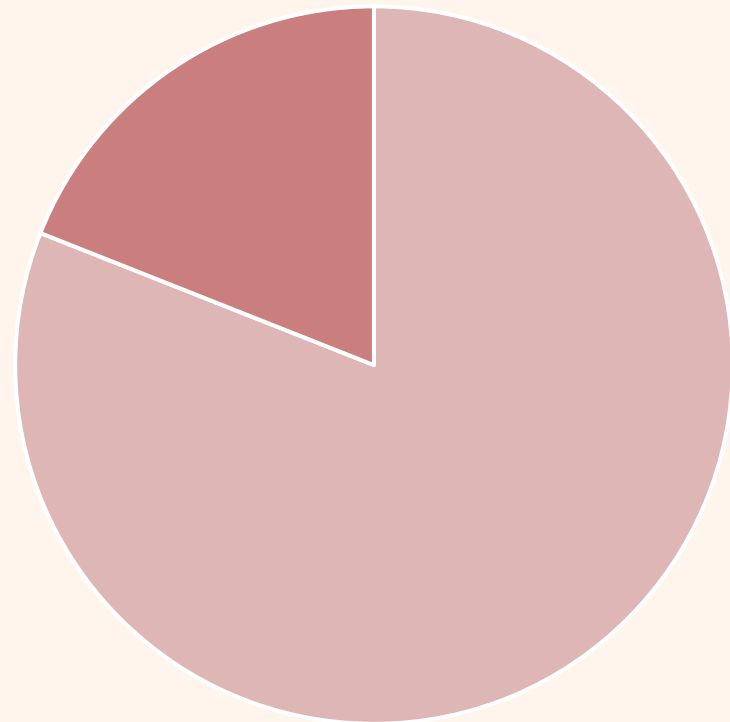
Managing Consensual Non-Monogamy Stigma in a Monogamous World



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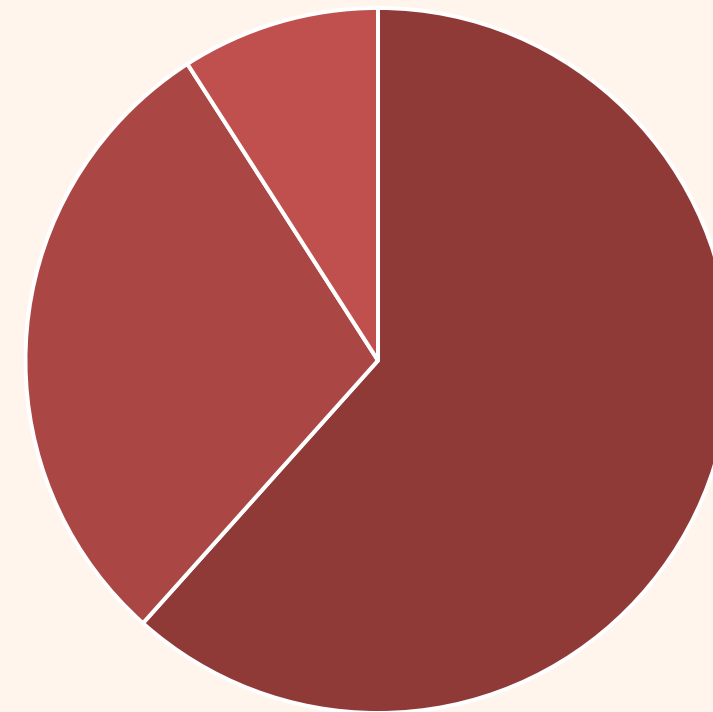
Participants

Sexual Orientation



■ LGBTQIA2S+ ■ Heterosexual

Gender



■ Women ■ Men ■ Non-Binary



Strategies

Approach
Motives

Mixed
Motives

Avoidance
Motives

Educate
& Correct

Lose me
or
Have me

Out &
Proud

Hide &
Seek

Walking
Away

Passing

Dodging
the
Topic



Hide & Seek

Out & Proud

Walking
Away

Lose Me Or
Have Me

Educa te
&
Correct

Dodging
the
Topic

Passing

Why This Matters

Individual level

There are costs associated
with each strategy



Societal level

15% of people have had CNM
experiences in their lifetime

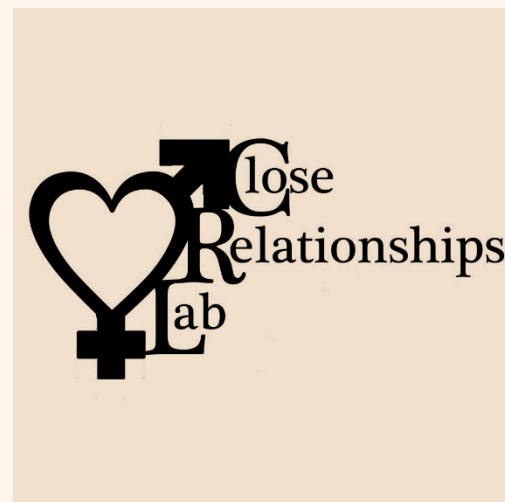
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