

# LETTER FROM THE EDITORS

It is an honour to present the fourth volume of the Simon Fraser University Undergraduate Journal of Psychology. This student-driven effort has provided a platform for fellow undergraduates to engage with the academic process. We aim to give prospective authors the experience in publishing their own peer-reviewed work and the opportunity to obtain graduate student mentorship and interaction. Furthermore, this journal is an outlet for students to pursue scientific interests and critical thinking outside of the realm of traditional coursework.

These goals would not be realized without the tireless work by our undergraduate and graduate student editorial team. They have all volunteered countless hours to screen, review, and revise this year's submissions, purely on the notion of helping students and enhancing the learning environment that Simon Fraser provides. We are also grateful for the facilitation of Dr. Tim Racine and Dr. Neil Watson and the financial support from the Department of Psychology and the Psychology Student Union. Without these resources and people in place, this whole project would not have been possible.

Most of all, we want to extend our gratitude to the authors of this journal edition, as their work is the foundation of this project. We are tremendously excited to showcase their work amongst an outstanding pool of submissions. It was fascinating to journey through the human condition through perspectives on a wide range of topics. Thank you to everyone who submitted, and we urge you to continue writing.

Lastly, we would like to thank our readers. We hope that these articles penned by a group of young and talented researchers speak to you like they did to us.

- The Managing Editorial Staff  
Sylvie Couture-Nowak, Jason Chung, Scott Greenwood & Rajan Hayre