Originals from Section 1: Herbal
Nymphaeaceae, or water lilies, are flower plants, also known as water lilies. Found in tropical climates, there are 70 species altogether.

Although not all water lilies are edible, there are species that are. Though herbs on the whole are good for you, some may have been sprayed with pesticides or other harmful chemicals.

Warning: You must always remember that not every flower is edible. Though herbs on the whole are good for you, some may have been sprayed with pesticides or other harmful chemicals.
Smallman to the Blue
Gum. Plague it as
known as
Franciscana
the Blue.
New Zealand and
named after the
Greeks. Goddess of youth.
It seems to be evning
ever long
as often
of leave. Going on
day. After the Greek
perhaps. Both
and.
The Venus fly trap, also known as the Dionaea moscopolis, is a carnivorous plant that catches and digests animal prey. The bright colours represent its exoticism.

If you are experiencing stress, try a long walk through nature, you are bound to feel and see the beauty of all things natural.
My translation on astronomical section:
Originals from Section 3: Biological

My translation on biological section:
The woman's body emphasizes the role of humans and fertility. There are many shapes to a woman.

Stemming from the notion of fertility, these women seem to have baby bumps. They almost seem to be helping one another through this painful process called birth. Not sure what type of birth you want to have? Continue.
Why have a natural birth in water? Water births help you get in touch with nature—this choice is considerably better than a medical option when women choose this option, they are often surrounded by support—most often support of other women who have chosen the same process. Episiotomies can be avoided—though hours of labor and pain may get the best of you—choosing a more natural birth can limit the trauma that is believed to be brought on by a birth in the hospital. Giving birth to a child does not mean your baby will drown because haven't you heard—babies are born swimming. Choosing the natural way helps you bring a child more calmly onto this earth, in a warm and supporting environment.
My translation on cosmological section:
My translation on pharmaceutical section:
During pregnancy, many women experience pain for hours upon hours as they await for their child to arrive. There are ways to help cope with the pain of labor. Deep breathing helps with your pain and anxiety during this time.

Of course, the mother must stay healthy to produce healthy nutrients in her milk for her baby. She must have a lot of calcium, as many women suffer from calcium deficiencies. Herbs and other forms of nutrients can be taken through a liquid form similar to the drawing on the leg of this page.
A new mother should always remember to drink plenty of liquids— as a woman’s body is going to need the extra amount of fluids to aid in her breast-feeding process. This does not increase milk supply but you will become more dehydrated during this stage of your baby’s life. Herbal remedies that also help a new mother are brewers yeast, alfalfa, beans and remember vitamin B12 is extremely important. Vitamin B12 also known as Cobalamin helps fight off numerous diseases and in order to avoid this a nutritional diet consisting of fish, liver, beef, cheese and eggs will help keep a young new mother strong and healthy.
Originals from Section 6: Recipes

My translation on recipe section:
chicken soup did not always cure the soul. Although Campbell's soup may help with stomach problems today, this was not always the case. To cure a stomach ache, they used natural remedies such as blackberry tea and ginger tea. For example, in China, ginger has been used to treat digestion problems and upset stomachs. Ginger also helps to ease nausea, and has done so for over 2000 years. These remedies are always better than store-bought products.
How to make chicken soup, for the natural soul - the herbal way:

You will need an entire chicken
which of course is the main dish and most important ingredient.

Next a lot of carrots chopped up and
if you are a fan of celery go
ahead and add this ingredient as well.

Chopped up onions don't worry are
they are cooked will leave your
stomach feeling more content without
hurting the smell of your breath.
Potatoes can also be added to your stew.

This step is optional. If you would
like to keep to the healthiest option
you do not have to add salt. You may
also add pepper if it is wished.

Once you have all of these ingredients
cook in a large pot till it is ready.
Ginger tea and homemade soup has
never tasted better than Campbell's
Soup you bought at Wal-Mart.